



cast iron

## Banana Leaf Wrapped Snapper with Pineapple-Jicama Salsa

Cast Iron 33cm Signature Roaster



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Serves 4

Banana leaves are beautiful and easy to cook with. Banana leaves can add flavour to foods wrapped inside them. This fish recipe illustrates perfectly the easy use of banana leaves.

Le Creuset Cast Iron  
33cm Signature Roaster

## Ingredients

### Salsa

- 1 large pineapple, peeled, cored and diced
- 1 large jicama, peeled and cut into matchsticks
- 1 small red onion, minced
- 1 jalapeño or Serrano pepper, minced
- 1 large mango, diced
- 2 tablespoons grated lime zest
- 2 tablespoons lime juice
- 1 tablespoon olive oil
- ½ teaspoon kosher salt
- ½ teaspoon ground black pepper

### Fish

- ½ teaspoon anise powder
- ½ teaspoon ground fennel
- ½ teaspoon cinnamon
- ½ teaspoon ground cloves
- ½ teaspoon kosher salt
- ½ teaspoon freshly ground black pepper
- 4 (170g) Snapper fillets
- 2 large banana leaves, halved lengthwise
- 4 large green onions, blanched

## Method

1. In a large bowl, combine all salsa ingredients. Refrigerate at least 2 hours before serving.
2. Preheat oven to 200°C.
3. For the fish, combine the dry seasonings and coat the fillets evenly with the blend.
4. Carefully wrap each fillet with a banana leaf half. Secure with a blanched green onion.
5. Place in a 33cm Signature Roaster. Bake 10 to 12 minutes or until fish is done and flakes easily with a fork.
6. Serve leaf-wrapped fillets over jasmine coconut rice. Garnish with pineapple-jicama salsa.

## Cook's notes

1. Jicama (pronounced 'Hikama') or Yam Bean is a crisp mild-flavoured brown tuber native to Mexico. Jicama is sometimes used in Southeast Asian cooking as substitute for water chestnuts. Please ask your local Asian food shops or greengrocers.
2. You can change the fish to suit taste or availability. Please ask your local fishmonger.
3. The dry seasonings of the fish may be substituted by Asian five-spice powder.
4. Banana leaf may be substituted by foil or parchment paper.
5. Green onions may be substituted by string.



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