



bakeware

Spelt, Feta Cheese and Roasted Tomato  
Muffins with Rosemary  
New 12 Cup Muffin Tray





## Spelt, Feta Cheese & Roasted Tomato Muffins with Rosemary

Makes 12

With a combination of Greek flavours these savoury muffins are irresistible served warm. They make a delicious snack on their own or can be an accompaniment to soups, casseroles and salads. This recipe requires no preparation of the Le Creuset Muffin Tray and is quick to prepare and cook.

### Ingredients

150g spelt flour  
150g plain flour  
2 teaspoons baking powder  
1 teaspoon bicarbonate soda  
½ teaspoon salt  
1 teaspoon black pepper  
Pinch dried chilli flakes, optional  
1 tablespoon fresh rosemary, chopped  
or 1 teaspoon dried  
115g mature feta cheese, crumbled  
55g roasted or sun-blush deli-style  
tomatoes, roughly chopped  
250ml semi-skimmed milk  
2 large eggs  
115g melted butter

### Method

Pre-heat the oven to 200°C/180°C fan/Gas Mark 6

1. In a large bowl mix the flours, baking powder, bicarbonate of soda, salt, pepper and chilli flakes. Stir in the rosemary, feta cheese and tomatoes.
2. Measure the milk into a jug and whisk in the eggs and melted butter.
3. Make a well in the centre of the dry ingredients and pour in the wet ingredients. Combine everything together lightly, taking care not to over mix.
4. Spoon the mixture equally between the muffin cups. Bake in the centre of the oven for 15-18 minutes until golden brown and well risen.

### Cook's notes

1. Savoury muffins are a good alternative to bread and are a great accompaniment to soups and stews.
2. For a variation why not try roasted peppers in place of the tomatoes. Ready roasted peppers are available in jars in the supermarket.

### 12 Cup Muffin Tray



Le Creuset Toughened Non-Stick Bakeware is a beautifully designed range of professional baking and roasting tins which will provide a lifetime of unrivalled performance and delicious results. The durable, PFOA-free, non-stick coating offers outstanding food release and is easy to clean and the heavy-gauge carbon steel body spreads heat evenly and gently for the perfect bake.



240°C / Gas Mark 9



Ref. 4048

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